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during an outdoor sport's activity, comprising the steps of:

providing the individual with a portable recording unit containing a speedometer and a global positioning (GPS) satellite receiver;

recording the speed and the location of the individual on the route associated with the outdoor sport's activity; and

upon completion of the route, downloading the speed and the location of the individual to a computer having a display device, enabling a user to analyze the route.

21

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23. The method of claim 22, further including the steps of: storing a terrain map on the computer; and superimposing the individual's speed and location on the map for use in analyzing the route. --

Remarks

Questions regarding this application should be directed to the undersigned attorney at the telephone and facsimile numbers provided.

Respectfully submitted,



By: \_\_\_\_\_

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